



January/February 2023 Vol. LI No.1

VOLUNTEER ACTION IN 2023!

As we celebrate our 50th anniversary we are reflecting on the multiple ways people have volunteered in Cuyahoga County.

Giving Back is not only good for you-boosts your mental health, increases your physical health and can even decrease your blood pressure and stress, BUT, it's also good for the community!

Did you know that **you can be the reason** for these outcomes:

- 90% of produce distribution recipients state they are eating healthier meals
- 100% of home delivered meal recipients state they are eating regular meals
- 96% of home delivered meal recipients stated they can remain in their own homes and feel more socially connected
- 91% of students in the AARP Foundation Experience Corps program improved in their reading test scores
- 60% of Chat Pals participants state they "Hardly Ever" feel isolated from others or lack companionship due to chatting with their Pal on a weekly basis

By giving just a few hours, you too can make an impact

We have hundreds of opportunities available. Please consider how you can give back in 2023.

The Volunteer page of our website has been revised now offering featured opportunities, be sure to take a look.

greaterclevelandvolunteers.org/volunteer

GOLDEN MOMENT

As we celebrate our 50th anniversary we will share stories and reflective thoughts from our friends.

Judson Senior Living has a longstanding partnership with Greater Cleveland Volunteers. Judson

Senior Living's residents have benefitted from dedicated, talented and caring volunteers referred by the agency.

> Our most memorable moments were when Judson Senior Living volunteer, Bonnie Lindberg, received the David F. Leahy Award for Volunteer Excellence in 2011 and when Judson Senior Living was selected for the Community Partner Award in 2017. Additionally, Judson Senior Living's resident and community volunteers have enjoyed the many years of being recognized at the fabulous volunteer recognition luncheons.

Laura Templar, Director of Volunteer Services Judson Senior Living

WELCOME NEW BOARD MEMBERS

Greater Cleveland Volunteers is pleased to welcome four new members of our Board of Directors who began terms on January 1, 2023. We thank them for their interest in our mission and helping us achieve our goals. (pictured L-R below)

- Joseph J. Brennan is Partner at Ulmer & Berne law firm
- C. Allen McCann is President of Premier Medical Supplies, Inc.
- Denise Rucker-Burton is Program Administrator at the Cuyahoga County Division of Senior & Adult Services
- Arcola Whatley is Executive Director of Legal Services, Institutional Equity & Depuity General Counsel at Cuyahoga Community College









WELCOME NEW PARTNER

<u>Goods</u> BankNEO

We welcome Goods Bank NEO!

We are happy to be partnering with a new nonprofit serving our community. Their mission is to supply new, quality goods donated Stretch Your Impact by generous companies to nonprofits that need them most.

Volunteers help sort, price and stock shelves. There are 2-hour shifts Monday-Friday, mornings and afternoons at their Central Neighborhood location in Cleveland.

Individuals or groups of 10 would be appreciated. Do you want to help this mission? Contact Nakeva at nwilliams@greaterclevelandvolunteers.org or 216-391-9500 x 2116.

STAFF MEMBER RECEIVES AWARD



We congratulate Charlotte Petrie, AARP Foundation Experience Corps program manger for receiving the Forum for Volunteer Administrator (FVA) Volunteer Administrator of 2022 award.

This was noted for her leadership in pivoting the Experience Corps literacy tutoring program from an in-person to a virtual program during the height of the pandemic and implementing use of technology in new ways to deliver trainings and support and the program.

EVENT OPPORTUNITIES

February Warehouse Sale-Help as a sales floor assistant or use your muscles and move furniture and merchandise. Assistance is needed on **Saturday, February 25**th (morning, and afternoon shifts available) and **Sunday, February 26**th (11:30 a.m.- 4 p.m.). The event includes a meal, beverage and free parking for the volunteer. Dress warmly as the warehouse is not heated; jeans, sweaters, sweatshirts, and casual comfortable shoes.

Help at a Theater Performance-Assist at the Sensory Friendly performance of Gruffalo at Playhouse Square on **Sunday, March 5**th, 9:30 a.m.- 1 p.m. Volunteers will serve as greeters, quite zone attendants and aisle assistants. The event includes free parking, beverages and a T-shirt for the volunteer. Dress is black pants or skirt and the T-shirt.

Fight For Air Climb-Volunteers are requested for a nonprofit's fundraising event on **Sunday, April 30th,** 7a.m.-1p.m at Progressive Field. You would help with t-shirt distribution, registration or as a wayfinder/cheerleader. Beverages and snacks provided and \$5 parking for the volunteer. A provided T-shirt is to be worn with clean no holed jeans/pants, rubber soled shoes and weather appropriate gear.

ONGOING OPPORTUNITIES

Food Service Help-Bring yourself and a smile! A resource center's kitchen in Ohio City seeks volunteers to help run the breakfast counter. Meals include pastry, cereal, fruit and coffee. Volunteer shifts Mondays, Wednesdays and Fridays 8:45-10 a.m.

Dare to Dream Mentor-Walk alongside, and mentor youth who are experiencing life within the foster care system. Volunteers meet with a youth two times a month for 12 months. Times and dates are flexible.

Tax Preparer-Help ensure that tax services remain free and accessible for more than 12,000 low-income and older adult taxpayers. Tax Preparers provide free preparation assistance. Obtain free training and put your skills to good work throughout Cuyahoga County.

Medical Supplies Sorter-Volunteers will sort medical supplies that can assist with humanitarian aid. This may include matching related items together, boxing and labeling inventory. No medical background is needed. 2-hour shifts available Tuesday to Friday mornings and afternoons.

Friendly Visitor-We invite you to use your social skills to spend time with individuals with disabilities who live in group homes throughout Northest Ohio. Volunteers are scheduled evenings and weekends.

Hospitality Volunteer-If you have a knack for making spaces shiny and nice, a Hospice Home is seeking someone to provide cleaning support in the North Collinwood Neighborhood in Cleveland. Duties include cleaning patient rooms and main areas within the inpatient unit, Monday-Friday 7:30 a.m.-3:30 p.m.

Theater Usher-If you enjoy live performances help greet and usher guests and scan tickets for the Playhouse Square events. Shifts are 4-5 hours day or evening.



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Connect with us!

SAVE THE DATE

Join us for our 50th Anniversary Celebration Friday, April 21, 2023 12:00 p.m.

Luncheon- Awards- Speakers- Door Prizes

Embassy Suites Hotel 5800 Rockside Woods Blvd. North Independence 44131

Invitations will be mailed and emailed in February

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